

# Resources for Trans, Non- Binary, Gender Diverse, and Two- Spirit Folks in and beyond Boston



COMPILED BY THE LGBTQA RESOURCE CENTER AT  
NORTHEASTERN UNIVERSITY



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**Access this guide online**



# Introduction

The following resources in and beyond the Boston area offer services, supports, community, information, and care for transgender, non-binary, gender diverse, and Two-Spirit people. Inclusion in this list indicates only that the resource listed has self-identified a commitment to serving trans folks; the LGBTQA Resource Center does not have a process for assessing or endorsing community resources and encourages community members to do their own research and to listen to their instincts when interacting with these resources.

Finding the right resources for you can be difficult and time consuming, and barriers to access often exist. **Staff in the LGBTQA Resource Center can assist community members with resource navigation and can help put together plans for accessing those resources.** Email [lgbtqa@northeastern.edu](mailto:lgbtqa@northeastern.edu) or [complete this form](#) to request assistance.

## Health and Wellness

### Trans-Competent Primary Care + Hormone Replacement Therapy

#### Boston Area

1. [Fenway Health](#) / [Sidney Borum Jr. Health Center](#)
  - a. Contact: call Transgender Health line at 857.313.6589 or email [transhealth@fenwayhealth.org](mailto:transhealth@fenwayhealth.org)
  - b. Location: 1340 Boylston, 142 Berkeley, 75 Kneeland Street
  - c. Services offered: Primary Care, [Hormone Replacement Therapy](#) (informed consent model<sup>1</sup>), mental and behavioral health, health navigation, surgical referrals, dental, vision, pharmacy (in person and postal/courier delivery), massage, acupuncture
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? No, but extensive experience working with TGNC patients.
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, some providers are BIPOC though.
2. [Massachusetts General Hospital](#)
  - a. Contact: Call Transgender Health Program Team at 617.643.7210
  - b. Location: 55 Fruit Street
  - c. Services offered: Primary Care, Hormone Replacement Therapy, surgical referrals, gender-affirming surgical care (phalloplasty, vaginoplasty, chest reconstruction, breast augmentation, facial feminization surgery), mental and behavioral health, physical therapy, obstetrics and gynecology

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<sup>1</sup> Informed consent models empower patients to access Hormone Replacement Therapy (HRT) without the endorsement of a mental/behavioral health practitioner, thereby removing one of the primary economic and procedural barriers to accessing HRT.

- d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, some providers are BIPOC though.
- 3. [Boston Medical Center](#)
  - a. Contact: Call Center for Transgender Medicine and Surgery at 617.638.1833 or email [transgender.center@bmc.org](mailto:transgender.center@bmc.org)
  - b. Location: One Boston Medical Center Place
  - c. Services offered: Primary Care, Hormone Replacement Therapy (informed consent model), surgical referrals, [some forms of gender-affirming surgical care](#), mental and behavioral health, obstetrics and gynecology
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, some providers are BIPOC though.
- 4. [VA Boston LGBT Veteran Care](#)
  - a. Contact: Contact Colleen Sloan, Ph.D. at Jamaica Plain Campus 857.364.5983 or [colleen.sloan@va.gov](mailto:colleen.sloan@va.gov) or see contacts for other locations [here](#)
  - b. Location: 150 South Huntington Avenue, 1400 VFW Parkway, 940 Belmont Street
  - c. Services offered: Primary Care, Hormone Replacement Therapy, surgical referrals, mental and behavioral health
  - d. Is this resource primarily for TGNC people? No, but TGNC-specific resources exist
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
- 5. [Beth Israel Deaconess Medical Center](#)
  - a. Contact: Gender Affirming Services department, call 617.667.9344
  - b. Location: 330 Brookline Avenue
  - c. Services offered: Primary Care, Hormone Replacement Therapy, [some forms of gender-affirming surgical care](#), voice and speech therapy, [trans-competent gynecological services](#)
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Medicare, MassHealth, Harvard Pilgrim,
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
- 6. [Brigham and Women's Hospital](#)
  - a. Contact: Ole-Petter Hamnvik and Anna Goldman's offices, call 617.732.5666
  - b. Location: 75 Francis Street, Boston MA 02115
  - c. Services offered: Primary Care, Hormone Replacement Therapy, some forms of gender-affirming surgical care

- d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, MassHealth, Harvard Pilgrim, Aetna, United Health Care
- e. Is this resource primarily for TGNC people? Yes
- f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Beyond Boston

- 1. [US Map of Informed Consent<sup>2</sup> HRT Providers](#)
- 2. [FOLX Telehealth HRT management](#)
- 3. [Plume Telehealth HRT management](#)
- 4. [New England Gender C.A.R.E Consortium](#)
- 5. [World Professional Association for Transgender Health Provider Directory](#)

## Electrolysis and Laser Hair Removal

### Boston Area

- 1. [Image Care Electrolysis](#)
  - a. Contact: 617.864.6243
  - b. Location: 1426 Cambridge St, Cambridge, MA 02139
  - c. Services offered: Electrolysis only
  - d. Is this resource primarily for TGNC people? No
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
- 2. [The Spiegel Center](#)
  - a. Contact: 617.566.3223
  - b. Location: 335 Boylston St., Newton, MA 02459
  - c. Services offered: Electrolysis and Laser Hair Removal
  - d. Is this resource primarily for TGNC people? No, but as a long-standing provider of Facial Feminization Surgery, The Spiegel Center works with many TGNC patients
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Gender Affirming Surgical Care

### Boston Area

- 1. [Massachusetts General Hospital](#)
  - a. Contact: Call Transgender Health Program Team at 617.643.7210
  - b. Location: 55 Fruit Street
  - c. Services offered: Primary Care, Hormone Replacement Therapy, surgical referrals, gender-affirming surgical care (phalloplasty, vaginoplasty, chest reconstruction, breast augmentation, facial feminization surgery, hysterectomy,

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<sup>2</sup> See note (1) above.

- oophorectomy, orchiectomy), mental and behavioral health, physical therapy, obstetrics and gynecology
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, some providers are BIPOC though.
2. [Boston Medical Center](#)
    - a. Contact: Call Center for Transgender Medicine and Surgery at 617.638.1833 or email [transgender.center@bmc.org](mailto:transgender.center@bmc.org)
    - b. Location: One Boston Medical Center Place
    - c. Services offered: Primary Care, Hormone Replacement Therapy, surgical referrals, [some forms of gender-affirming surgical care](#), mental and behavioral health, obstetrics and gynecology
    - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
    - e. Is this resource primarily for TGNC people? Yes
    - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, some providers are BIPOC though.
  3. [The Spiegel Center](#)
    - a. Contact: 617.566.3223
    - b. Location: 335 Boylston St., Newton, MA 02459
    - c. Services offered: Facial Feminization Surgery, Breast Augmentation, Hair Restoration
    - d. Is this resource primarily for TGNC people? No, but as a long-standing provider of Facial Feminization Surgery, The Spiegel Center works with many TGNC patients
    - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
  4. [Beth Israel Deaconess Medical Center](#)
    - a. Contact: Gender Affirming Services department, call 617.667.9344
    - b. Location: 330 Brookline Avenue
    - c. Services offered: Primary Care, Hormone Replacement Therapy, some forms of [gender-affirming surgical care](#) (masculinizing top surgery, phalloplasty, vaginoplasty, metoidioplasty, breast augmentation, hysterectomy, oophorectomy, orchiectomy), voice and speech therapy
    - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Medicare, MassHealth, Harvard Pilgrim,
    - e. Is this resource primarily for TGNC people? Yes
    - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
  5. [Brigham and Women's Hospital](#)
    - a. Contact: Various contacts, [see here](#)
    - b. Location: 75 Francis Street, Boston MA 02115



- c. Services offered: Primary Care, Hormone Replacement Therapy, some forms of gender-affirming surgical care (phalloplasty, masculinizing chest reconstruction, vaginoplasty, facial feminization surgery, hysterectomy, oophorectomy, orchiectomy)
- d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, MassHealth, Harvard Pilgrim, Aetna, United Health Care
- e. Is this resource primarily for TGNC people? Yes
- f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

### Beyond Boston

- 1. [New England Gender C.A.R.E Consortium](#) provider directory
- 2. [Callen-Lorde \(NYC\) guide to and directory for gender-affirming surgical care](#)
- 3. [Transbucket community-based transition care discussion platform](#)
- 4. [Reddit r/TransSurgeriesWiki](#)
- 5. [Directory of Facebook and Reddit groups related to trans communities and care](#)
- 6. [World Professional Association for Transgender Health Provider Directory](#)

## Gender Affirming Voice Training / Speech Therapy

### Boston Area

- 1. [Beth Israel Deaconess Medical Center](#) (Voice, Speech, and Swallowing Therapy)
  - a. Contact: Call 617.632.7400 to speak with Voice, Speech, and Swallowing Therapy department, ask for Transgender Voice appointment with Victoria Flormann or Barbara Wilson-Arboleda
  - b. Location: 185 Pilgrim Road, Boston, MA 02215
  - c. Services offered: Transgender voice and speech therapy
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Medicare, MassHealth, Harvard Pilgrim,
  - e. Is this resource primarily for TGNC people? No, but two clinicians are part of the BIDMC Gender Affirming Services department
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
- 2. [Robbins Center](#)
  - a. Contact: Donna Ott, Administrative Assistant, call 617.824.8322 or email [Robbins\\_Center@emerson.edu](mailto:Robbins_Center@emerson.edu)
  - b. Location: 216 Tremont Street, 7th and 8th floors Boston, MA 02116
  - c. Services offered: Transgender voice and speech therapy
  - d. Insurance accepted: None, but rates are \$30 for individual therapy. The center is a teaching clinic for master's level Speech-Language Pathology students at Emerson College.
  - e. Is this resource primarily for TGNC people? No, but gender-affirming communication work is an important part of the clinic's practice
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
- 3. [Boston Medical Center](#) (Voice and Swallowing Therapy)



- a. Contact: Call 617.638.8124
  - b. Location: 830 Harrison Avenue Boston, MA 02118
  - c. Services offered: Transgender voice and speech therapy
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Medicare, MassHealth, Harvard Pilgrim,
  - e. Is this resource primarily for TGNC people? No, but department is part of the Center for Transgender Medicine and Surgery
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
4. [Mass Eye and Ear](#)
    - a. Contact: Otolaryngology--Head and Neck Surgery, Call 617.573.4050
    - b. Location: 243 Charles Street, Boston, MA 02114
    - c. Services offered: Transgender voice and speech therapy
    - d. [Insurance accepted](#): Most major plans, including BCBS MA, Cigna, Tufts Health, Medicare, MassHealth, Harvard Pilgrim, United Health Care
    - e. Is this resource primarily for TGNC people? No, but specific services offered
    - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
  5. [Sound Your Best](#)
    - a. Contact: Ariela Weinbach, call or text 617.299.1648 or email [ariela@tosoundyourbest.com](mailto:ariela@tosoundyourbest.com)
    - b. Location: 399 Boylston Street, 6th Floor, Boston, MA 02116
    - c. Services offered: Transgender voice and speech therapy
    - d. Insurance accepted: none
    - e. Is this resource primarily for TGNC people? No, but specific experience working with TGNC folks
    - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Beyond Boston

1. [The Voice Lab](#)
2. [Fluid Voice Studio](#)
3. [Trans Voice on Reddit](#)
4. [Ko-Fi](#)
5. [Vox Nova Studio](#)
6. [Trans Voice Lessons](#)
7. [Undead Voice Lab](#)
8. [Trans Care Site](#)

## Trans-Competent Mental and Behavioral Health

### Boston Area

1. [Boston Area GSM-Friendly Therapy List](#)
2. [Boston Alliance of LGBTQ+ Youth](#) (BAGLY)

- a. Contact: Fill out the [intake form](#) or contact Jesse Begenyi at [jessebegenyiLICSW@gmail.com](mailto:jessebegenyiLICSW@gmail.com)
  - b. Location: 28 Court Square, Boston
  - c. Mental and Behavioral Health services offered: drop-in individual therapy, group narrative art therapy
  - d. Insurance accepted: All services are free of charge
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
3. [Boston GLASS](#)
  - a. Contact: Email Davine Holness at [dholness@jri.org](mailto:dholness@jri.org) or text/call 781.559.9019
  - b. Location: 555 Amory Street, Boston
  - c. Mental and Behavioral Health services offered: drop-in individual therapy
  - d. Insurance accepted: All services are free of charge
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, only available to LGBTQ+ people of color under the age of 29
4. [Fenway Health](#) / [Sidney Borum Jr. Health Center](#)
  - a. Contact: call Transgender Health line at 857.313.6589 or email [transhealth@fenwayhealth.org](mailto:transhealth@fenwayhealth.org)
  - b. Location: 1340 Boylston, 142 Berkeley, 75 Kneeland Street
  - c. Mental and Behavioral Health services offered: individual therapy, group therapy, support groups
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? Some offerings are, and extensive experience working with TGNC patients.
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Some offerings are
5. [Massachusetts General Hospital](#)
  - a. Contact: Call Transgender Health Program Team at 617.643.7210
  - b. Location: 55 Fruit Street
  - c. Mental and Behavioral Health services offered: individual therapy
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, some providers are BIPOC though.
6. [Boston Medical Center](#)
  - a. Contact: Call Center for Transgender Medicine and Surgery at 617.638.1833 or email [transgender.center@bmc.org](mailto:transgender.center@bmc.org)
  - b. Location: One Boston Medical Center Place
  - c. Mental and Behavioral Health services offered: individual therapy

- d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
7. [Triangle \(LGBTQ\) Program](#) at HRI Hospital
- a. Contact: Call 833.378.7377
  - b. Location: 227 Babcock Street, | Brookline, MA 02446
  - c. Mental and Behavioral Health services offered: [intensive outpatient programming, partial hospitalization](#)
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicare, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Beyond Boston

1. [National Queer and Trans Therapist of Color Network - Provider Search](#)
2. [Therapy for Queer People of Color Free Therapist Matching Service](#)
3. [FedUp! Collective Trans+ and Intersex ED Practitioner Directory](#)
4. [Directory of Mental Health Practitioners who will supply letters of support for medical transition steps after one session](#)
5. [World Professional Association for Transgender Health Provider Directory](#)

## Health/Insurance Navigation

### Boston Area

1. [LGBTQA Resource Center](#)
  - a. Contact: [lgbtq@northeastern.edu](mailto:lgbtq@northeastern.edu)
  - b. Location: 328 Curry
  - c. Navigation services offered: referrals, insurance coverage consultation
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [Boston GLASS](#)
  - a. Contact: Email Shaquille Jones at [sijones@jri.org](mailto:sijones@jri.org)
  - b. Location: 555 Amory Street, Boston
  - c. Navigation services offered: health insurance assistance, medication adherence, HDAP, PrEPDAP, information about HIV/STI testing, linkage to STI treatment and substance use resources, and accessing primary care.
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, only available to LGBTQ+ people of color under the age of 29

3. [Fenway Health](#)
  - a. Contact: Call 617.267.0159
  - b. Location: 1340 Boylston, 142 Berkeley, 75 Kneeland Street
  - c. Navigation services offered: medication adherence, substance use resources
  - d. Cost: Free (may need to be a Fenway Patient)
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
4. [Boston Alliance of LGBTQ+ Youth](#) (BAGLY)
  - a. Contact: Email Ben Sullivan at [bsullivan@bagly.org](mailto:bsullivan@bagly.org)
  - b. Location: 28 Court Square, Boston
  - c. Navigation services offered: assistance in MassHealth enrollment, assistance in name changing process for trans and nonbinary youth, assistance in applying for cash benefits and/or food stamps, assistance in applying for HDAP & PrePDAP, referral to mental health services at BAGLY, referral to resources to shelters, HIV & STI testing, & primary care
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
5. [Blue Cross Blue Shield Massachusetts \(student and employee health plans insurer\) Transgender Services](#)
  - a. Contact: Call transgender member services 888.243.4420
  - b. Navigation services offered: help understanding BCBS Massachusetts plan coverage ([see medical policy here](#)), assistance finding in-network providers, help navigating insurance claims process
  - c. Cost: Free for members in BCBS MA plans
  - d. Is this resource primarily for TGNC people? Yes
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Beyond Boston

1. [Trans Health Project guide to insurance, appeals, and accessing care](#)
2. [Trans Health Project Insurance Roadmap playlist on YouTube](#)
3. [National Center for Transgender Equality Health Coverage Guide](#)
4. [National Black Trans Advocacy Coalition Help Line](#)
5. [GLBTQ Advocates and Defenders](#) GLAD Answers
6. [Trans Health Consulting](#)
7. [Utilizing the Massachusetts Protect Access to Confidential Healthcare \(PATCH\) Act to protect your privacy when receiving gender-affirming services through a parent's, guardian's, or spouse's insurance policy](#)

## HIV/STI Screening, Prevention, and Care

### Boston Area

1. [Boston Alliance of LGBTQ+ Youth](#) (BAGLY)
  - a. Contact: Email [testing@bagly.org](mailto:testing@bagly.org)
  - b. Location: 28 Court Square, Boston
  - c. Services offered: HIV/STI screening, referrals
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [Boston GLASS](#)
  - a. Contact: Call or text 978.604.6937
  - b. Location: 555 Amory Street, Boston
  - c. Navigation services offered: HIV/STI screening, linkage to STI treatment, PrEP
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, only available to LGBTQ+ people of color under the age of 29
3. [Fenway Health](#) / [Sidney Borum Jr. Health Center](#)
  - a. Contact: call 617.267.0159
  - b. Location: 1340 Boylston, 142 Berkeley, 75 Kneeland Street
  - c. Services offered: HIV/STI screening, PrEP, long-term treatment
  - d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? No, but extensive experience working with TGNC patients.
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
4. [Planned Parenthood Greater Boston Health Center](#)
  - a. Contact: [Book online](#) or call 800.258.4448
  - b. Location: 1055 Commonwealth Avenue, Boston
  - c. Services offered: HIV/STI screening, referrals, counseling
  - d. Insurance accepted
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Massage and Bodywork

### Boston Area

1. [Fenway Health](#)
  - a. Contact: Call 617.927.6000
  - b. Location: 1340 Boylston
  - c. Services offered: massage and acupuncture

- d. [Insurance accepted](#): Most major plans, including BCBS MA, Tufts Health, Cigna, Medicaid, MassHealth, Harvard Pilgrim, Aetna, United Health Care
  - e. Is this resource primarily for TGNC people? No, but extensive experience working with TGNC patients.
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [The Meeting Point](#)
- a. Contact: Email [themeetingpointboston@gmail.com](mailto:themeetingpointboston@gmail.com)
  - b. Location: 3464 Washington Street
  - c. Services offered: massage
  - d. Insurance accepted: none
  - e. Is this resource primarily for TGNC people? No, but working with TGNC clients is a priority
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
3. [Gabriel Joffe, LMT](#)
- a. Contact: [Contact form](#)
  - b. Location: 259 Elm Street Suite 300-B, Somerville
  - c. Services offered: massage
  - d. Insurance accepted: none, sliding scale rates
  - e. Is this resource primarily for TGNC people? No, but [working with TGNC clients is a priority](#)
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Health and Wellness Information

- 1. [Trans Bodies, Trans Selves](#)
- 2. [Transline](#)
- 3. [World Physicians Association for Transgender Health Standards of Care](#)
- 4. [Directory of Facebook and Reddit groups dedicated to trans communities and knowledge exchange](#)
- 5. [Celebrating Our Magic: Resource for American Indian/Alaska Native transgender and Two-Spirit youth, their relatives and families, and their healthcare providers](#)
- 6. [Transfeminine Science \(Community-generated research on feminizing HRT\)](#)
- 7. [Transbucket](#)

## **Legal Services**

### General Legal Help and Information

#### Boston Area

- 1. [GLBTQ Advocates and Defenders \(GLAD\)](#)
  - a. Contact: [Contact form](#) or email [gladlaw@glad.org](mailto:gladlaw@glad.org)

- b. Location: 18 Tremont, Suite 950
  - c. Services offered: Trans ID Project, self-serve ID change guides, GLAD Answers legal assistance, Know Your Rights information
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [Health Law Advocates](#)
- a. Contact: [Contact form](#) or call 617.388.5241 and ask to speak with the intake paralegal
  - b. Location: 1 Federal Street, 5th Floor
  - c. Services offered: Insurance and health care law
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No, but TGNC community members are a priority
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Beyond Boston

- 1. [Transgender Law Center Help Desk](#)
- 2. [Lambda Legal Help Desk](#) and [Transgender Rights Toolkit](#)
- 3. [National Center for Transgender Equality](#) and its [directory of trans-competent law resources](#)
- 4. [Immigration Equality](#)

## Gender Marker and Name Change

### Boston Area

- 1. [GLBTQ Advocates and Defenders \(GLAD\)](#)
  - g. Contact: [Contact form](#) or email [gladlaw@glad.org](mailto:gladlaw@glad.org)
  - h. Location: 18 Tremont, Suite 950
  - i. Services offered: Trans ID Project, self-serve ID change guides, GLAD Answers legal assistance, Know Your Rights information
  - j. Cost: Free
  - k. Is this resource primarily for TGNC people? Yes
  - l. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
- 3. [Massachusetts Trans Political Coalition](#)
  - a. Contact: [info@masstpc.org](mailto:info@masstpc.org) or 617-778-0519
  - b. Services offered: Trans ID Project, financial assistance for ID changes, self-service guides to identity documents, [information on changing name with FAFSA](#)
  - c. Is this resource primarily for TGNC people? Yes
  - d. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No



## Beyond Boston

1. [Transgender Law Center Help Desk](#)
2. [National Center for Transgender Equality ID Document Center](#)

# Community and Social

## Support Groups and Therapy Groups

### Boston Area

1. [Fenway Health](#)
  - a. Contact: Various, see link for details
  - b. Location: 1340 Boylston, 142 Berkeley
  - c. Groups offered: 20+ groups, including Transgender Support Group, TGNC Parents / Prospective Parents Group, LGBTQ+ Womxn of Color Process Group (open to non-binary people of color as well), Anxiety and Depression Group for TGNC people, several other LGBTQ+ identity-based groups
  - d. Cost: Free (may need to be a Fenway Patient for some groups)
  - e. Is this resource primarily for TGNC people? Yes, some groups are TGNC only.
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, only one group is BIPOC specific.
2. [Boston Alliance of LGBTQ+ Youth](#) (BAGLY)
  - a. Contact: Fill out the [intake form](#) or contact Jesse Begenyi at [jessebegenyi@icsw@gmail.com](mailto:jessebegenyi@icsw@gmail.com) for Narrative Art Therapy, fill out [programs interest form](#) for other groups
  - b. Location: 28 Court Square, Boston (and online)
  - c. Groups offered: group narrative art therapy, Trans and Non-Binary meeting, Women's Meeting, Girls' Room for transfeminine people, BIPOC meeting, Nerd Hour, Nintendo Night, Welcoming Meeting
  - d. Cost: free
  - e. Is this resource primarily for TGNC people? No, but several groups are TGNC only
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
3. [Boston GLASS](#)
  - a. Contact:
  - b. Location: 555 Amory Street, Boston
  - c. Groups offered: PRISMS TGNC group, Lavender Kiki Sessions, Creative Writing, Semillas
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? Yes, several groups are TGNC only
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, only available to LGBTQ+ people of color under the age of 29
4. [Massachusetts Transgender Political Coalition](#)

- a. Contact: [Register here](#)
  - b. Location: Online
  - c. Groups offered: Victory Programs Black, Indigenous, and Trans Folks of Color Drop-In Space
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes
5. [Boston Area Trans Support](#)
- a. Contact: [Register here](#)
  - b. Location: Cambridge and Dorchester (register for details)
  - c. Groups offered: peer to peer 18+ trans support groups
  - d. Cost: free
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
6. [Compass](#)
- a. Contact: [info@compassftm.org](mailto:info@compassftm.org)
  - b. Location: Boston (currently online only)
  - c. Groups offered: peer support group for “for people assigned female at birth who feel that is not an accurate or complete description of their gender”
  - d. Cost: free
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
7. [Merrimack River Wellness](#)
- a. Contact: Lisa Dube [ldube@merrimackriverwellness.com](mailto:ldube@merrimackriverwellness.com)
  - b. Location: Virtual, but North Shore based
  - c. Groups offered: Transgender, Non-Binary and Questioning Young Adult Group (under 30); Transgender, Non-Binary and Questioning Adult Group ( 30+); Transgender, Non-Binary and Questioning Adult Group ( 50+)
  - d. Cost: \$40 per session, insurance accepted and financial assistance available
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
8. [VA Boston LGBT Veteran Care](#)
- a. Contact: Rebecca Jeen [rebeccajeen@aol.com](mailto:rebeccajeen@aol.com) or Rebeca Lynn [hearn197489@gmail.com](mailto:hearn197489@gmail.com)
  - b. Location: Jamaica Plain VAMC and Brockton VAMC
  - c. Groups offered: Transgender Vet to Vet
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

9. [Massachusetts Asian + Pacific Islanders For Health](#)
  - a. Contact: Andrea Machado [andrea@maphealth.org](mailto:andrea@maphealth.org)
  - b. Location: Virtual (community space Somerville)
  - c. Groups offered: Asian Pride Virtual Drop-in
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, but primarily for AAPI LGBTQ+ people 25 and under

## Beyond Boston

1. [Akanni Support Group at Black Trans Men, Inc.](#)
2. [Ayombi Kickback Support Group at Blak Trans Women, Inc.](#)
3. [Fat Trans Support Group](#)
4. [TGNC Parents Support Group at Family Equality](#)
5. [FedUp! Collective Trans+ and Intersex ED Support Group Directory](#)
6. [Support Groups at Fireweed Collective \(focused on supporting disabled/chronically ill/neurodivergent BIPOC folks\)](#)
7. [QTPoC Meditation with Rest for Resistance](#)

## Political and Community Organizing

### Boston Area

1. [Massachusetts Transgender Political Coalition](#)
  - a. Contact: [info@masstpc.org](mailto:info@masstpc.org) or 617-778-0519
  - b. Is this resource primarily for TGNC people? Yes
  - c. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [Trans Resistance MA](#)
  - a. Contact: [transresistancema@gmail.com](mailto:transresistancema@gmail.com)
  - b. Is this resource primarily for TGNC people? Yes
  - c. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes
3. [Trans Emergency Fund of Massachusetts](#)
  - a. Contact: [info@transemergencyfund.org](mailto:info@transemergencyfund.org)
  - b. Is this resource primarily for TGNC people? Yes
  - c. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Personal Care

### Hair/Barbers/Salons

#### Boston Area

1. [Deep Blue Barbershop](#)

- a. Contact: Call 617.608.3705
  - b. Location:
  - c. Services offered: short hair, beard
  - d. Cost: \$20-50
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No--experience working with a diversity of hair textures not clear
2. [Vixx](#)
- a. Contact: Call 617.424.0333 or [book an appointment online](#)
  - b. Location: 333 Huntington
  - c. Services offered: all lengths, color, beard, locs, extensions, weaves, perms, relaxer, curly cuts, facial waxing, and more
  - d. Cost: \$30-120
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No, but they do have a staff member listed as a natural hair specialist
3. [Hair by Christine & Co.](#)
- a. Contact: Call 617.776.6470 or [book an appointment online](#)
  - b. Location: 217 Highland Ave Somerville, MA
  - c. Services offered: all lengths, color, extensions, facial waxing, makeup, and more
  - d. Cost: \$15-120
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
4. [Blackroom Salon](#)
- a. Contact: Call 617.426.2525 or email [blackroomsalon@gmail.com](mailto:blackroomsalon@gmail.com)
  - b. Location: 61 Berkeley St.
  - c. Services offered: all lengths, color, extensions, facial waxing, makeup, and more
  - d. Cost: \$45-300
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
5. [Clementine Hair Studio](#)
- a. Contact: Call 617.616.5228 or [book an appointment online](#)
  - b. Location: 358A Somerville Ave, Somerville, MA
  - c. Services offered: mostly longer cuts, color, extensions, curly cuts
  - d. Cost: \$70-300+
  - e. Is this resource primarily for TGNC people? No
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

## Beyond Boston

1. [Strands for Trans Directory of Barbershops and Salons](#)

## Clothing

### Boston Area

1. [Boomerangs](#) (a program of Aids Action New England)
  - a. Location: 716 Centre Street in JP, 563 Massachusetts Avenue in Cambridge, and 1407 Washington Street in the South End, or [shop online](#)
  - b. Is this resource primarily for TGNC people? No, but run through an organization (AIDS Action) with strong LGBTQ community ties
  - c. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [Transgender Emergency Fund](#)
  - a. Contact: [Fill out assistance application form](#)
  - b. Is this resource primarily for TGNC people? Yes
  - c. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, though not exclusively

## Gender-Affirming Undergarments

### Boston Area

1. [Boston Alliance of LGBTQ+ Youth](#) (BAGLY)
  - a. Contact: Email Ben Sullivan at [bsullivan@bagly.org](mailto:bsullivan@bagly.org)
  - b. Location: 28 Court Square, Boston
  - c. Gender affirming undergarments offered: free binders and fittings, free bras and tucking underwear
  - d. Cost: Free
  - e. Is this resource primarily for TGNC people? Yes
  - f. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No

### Beyond Boston

1. [Point of Pride Chest Binder Donation Program](#)
2. [Point of Pride Trans Femme Shapewear Donation Program](#)
3. [Gender Bands Binder Donation Program](#)
4. [Black Trans Men, Inc. Brother 2 Brother Binder Program](#)
5. [Gc2b](#) (Binders only)
6. [Underworks](#) (Binders only)
7. [Origami Customs](#)
8. [TomboyX Gender Euphoria Collection](#)
9. [Directory of gender-affirming garments and prosthetics](#) at Trans Health Consulting

# Material Needs and Financial Resources

## Housing

### Boston Area

1. [Boston Alliance of LGBTQ+ Youth Host Homes Program](#)
  - a. Contact: T'Ajmal Hogue [thogue@bagly.org](mailto:thogue@bagly.org)
  - b. Services offered: temporary transitional housing with vetted host homes in the community
  - c. Cost: Free
  - d. Is this resource primarily for TGNC people? No
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? No
2. [Transgender Emergency Fund](#)
  - a. Contact: [Fill out assistance application form](#)
  - b. Services offered: rental start-up and homelessness prevention assistance, utility payment assistance
  - c. Cost: Free
  - d. Is this resource primarily for TGNC people? Yes
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, though not exclusively
3. [Boston: Queer and Trans POC Housing Exchange](#)
4. [Queer Housing Boston](#)

### Beyond Boston

1. [Black Trans Men, Inc. Housing Support Services](#)
2. [Black Trans Women, Inc. Housing/Shelter Access Services](#)
3. [Black Trans Advocacy Coalition Help Line](#)

## Food Security

### Boston Area

1. [Transgender Emergency Fund](#)
  - a. Contact: [Fill out assistance application form](#)
  - b. Services offered: emergency food assistance
  - c. Cost: Free
  - d. Is this resource primarily for TGNC people? Yes
  - e. Is this resource primarily for BIPOC trans, GNC, non-binary, and Two-Spirit people? Yes, though not exclusively

### Beyond Boston

1. [The Okra Project](#)
2. [Black Trans Advocacy Coalition Help Line](#)
3. [Black Trans Women, Inc. Emergency Assistance](#)

## Mutual Aid, Grants, Direct Assistance

### Beyond Boston

1. [Point of Pride HRT Access Fund](#)
2. [Point of Pride Electrolysis Financial Assistance](#)
3. [Point of Pride Annual Transgender Surgery Fund](#)
4. [Genderbands Surgery Grants](#)
5. [Trans Life Life Microgrant Program](#)
6. [Black Trans Advocacy Coalition Help Line](#)
7. [Black Trans Men, Inc. Top Surgery Grants](#)
8. [Rizi Timane Trans Surgery Grants](#)
9. [Trans Justice Funding Project](#)
10. [Jim Collins Foundation Transgender Surgery fund](#)

## Scholarships

### Beyond Boston

1. [Point Foundation](#)
2. [Human Rights Campaign Scholarship Database](#)
3. [Trans Student Educational Resources Scholarships](#)
4. [STEPS Scholarship Guide](#)



**Access this guide online**

